

Parent Power

Transforming the health
& wellbeing of our children




Parent's Agreement Guidebook

Introduction

The purpose of this guidebook is to give parents the tools they need to make simple agreements that will help improve learning and wellbeing for their children throughout national school and beyond.

Steps to take

- 


1 Watch the explainer video on the Parent Power website.
- 2 Gather the parents of the other children in your class. As many as are available.
- 3 Involve other stakeholders where possible. The class teacher may be helpful for example.
- 4 Arrange an initial meeting.
- 5 Examine and discuss the idea of working together.

What's hard about parenting at this age?

What's easier and going well?




Is there anything you'd like to support each other with?

What can you see causing problems ahead?





6 Look at the topics you could work on and potentially agree on. It could be just one thing or many things. Some examples might be:

- Birthday Parties
- Mobile phones
- Screen Time
- Communicating with each other
- Homework
- Supporting the school
- Bullying incidents
- Bedtimes
- Lunches
- Age appropriate games
- Inclusion
- Outings



7 Settle on the topics you'd like to work on and agree on what you'd like to see. Remember you can start with just one or two things and revisit it again.

8 Write it up. You can use the Parent Power website to produce a printed document or create your own. 

9 Sign the agreement and promote it. Discuss it with the children and put it up at home and maybe in the classroom. 



Other things to think about



Communications

How best to communicate with each other?

What method to use?

Do you need to consider GDPR or a GDPR waiver?

Do you need to agree on simple rules around communications?



Who to involve?

It may not be possible to get everyone in your class group to meet or to agree on a common approach.

How many is enough?

Is it still worth proceeding if you can't get everyone?

Do you need to look beyond your class group for support?



Review

It may be useful to add or remove topics at a later date, or dissolve the agreement. Circumstances change.

Set a date for review and stick to it.

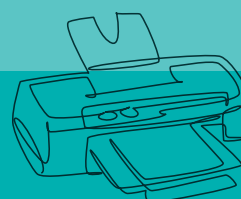
Is the agreement working?

Is it worthwhile?

Working Document

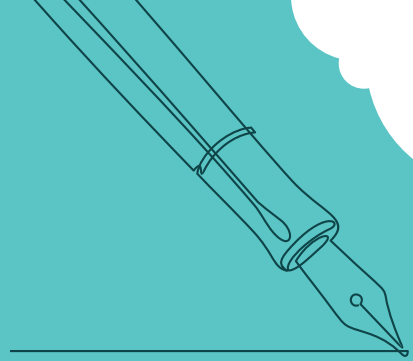
Topic	What we agreed
1	
2	
3	
4	
5	
6	
7	
Start Date:	Review Date:

Printing the agreement



Put in the topics and what you agreed upon in the Parent Power website and print off the agreement document.

Sample Parent's Agreement



WE, THE PARENTS OF CHILDREN IN

Scoil Chroí Naofa Senior infants class

HAVE COME TO THE FOLLOWING AGREEMENTS:

1. Birthday Party presents will be limited to a value of five euro.
2. Use of screen devices will be limited to a maximum of one hour on any day.
3. To support our children with their homework and schoolwork.
4. No personal phones for any children throughout national school.
5. To support the school and attend all school events.

PARENT AND GUARDIAN SIGNATURES

John Hynes

Sandra Connolly

Pol ó Murchadha

Eoghan Breathnach

Hanna Kowalski

Maria Noone

Jakub Nowak

Sinead Byrne

Aifbhe Cahill

Laura Mannix

Caroline Melville

Lisa O'Sullivan

Finbarr Kelly

Tim O'Brien

Reese Smyth

START DATE: 7/12/2021

REVIEW DATE: 6/12/2023